

**I do it for my kids and myself.**

“

**“I take actions to take care of myself and my community. Getting a vaccination helps protect all of us.”**

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**Micheal  
Healthcare Enthusiast,  
Community Volunteer**

 **Columbia**

**Get your flu shot today.**

**#FightFluLNK**

**HealthyLincoln.org**

Made possible with funding from the Centers for Disease Control and Prevention